

	ÅLDERSREKORD - POJKAR (25m)			UPPDATERAD: 18/12-2022
	10 år och yngre	11 år	12 år	13 år
50m FR	Julius Andersson 00:33,78	Arvid Kvorning 00:31,01	Teo Mravac 00:29,45	Teo Mravac 00:26,86
	29/11-2015	4/12-2016	11/9-2016	26/11-2017
100m FR	Julius Andersson 01:16,39	Arvid Kvorning 01:08,88	Teo Mravac 01:01,90	Teo Mravac 00:59,27
	10/10-2015	13/11-2016	22/10-2016	10/12-2017
200m FR	Julius Andersson 02:46,28	Arvid Kvorning 02:32,15	Arvid Kvorning 02:22,29	Joel Stenström 02:16,87
	11/10-2015	23/10-2016	25/11-2017	13/12-2022
400m FR	Kailan Jimenez 06:24,87	Arvid Kvorning 05:18,73	Arvid Kvorning 05:03,55	Arvid Kvorning 04:48,95
	11/10-2015	12/11-2016	11/11-2017	10/11-2018
800m FR		Julius Andersson 11:51,85	Noa Carlenius 11:27,83	Noa Carlenius 10:03,43
		30/1-2016	11/10-2014	10/10-2015
1500m FR		Arvid Kvorning 22:49,16	Noa Carlenius 22:40,64	Max Jilek 20:59,04
		13/3-2016	9/3-2014	24/3-2019
50m BR	Malte Almqvist 00:44,87	Teo Mravac 00:40,72	Erik Josefsson 00:37,07	Max Jilek 00:35,37
	6/12-2014	29/11-2015	2/12-2012	9/11-2019
100m BR	Teo Mravac 01:43,10	Teo Mravac 01:31,17	Teo Mravac 01:19,62	Anton Dahlgren 01:15,53
	4/10-2014	14/11-2015	12/11-2016	8/12-2012
200m BR	Joseph Ornek 03:39,36	Teo Mravac 03:14,85	Erik Josefsson 02:58,23	Anton Dahlgren 02:42,84
	10/10-2015	28/11-2015	1/12-2012	1/12-2012
50m RY	Arvid Kvorning 00:38,69	Arvid Kvorning 00:34,95	Arvid Kvorning 00:33,38	Jonatan Carlsson 00:31,30
	28/11-2015	3/12-2016	25/11-2017	25/10-214
100m RY	Julius Andersson 01:29,02	Arvid Kvorning 01:15,13	Malte Almqvist 01:13,10	Jonatan Carlsson 01:05,17
	10/10-2015	26/11-2016	12/11-2016	5/12-2014
200m RY	Arvid Kvorning 03:06,41	Arvid Kvorning 02:41,22	Arvid Kvorning 02:40,33	Hugo Svensson 02:32,93
	11/10-2015	4/12-2016	26/11-2017	13/11-2021
50m FJ	Arvid Kvorning 00:36,82	Arvid Kvorning 00:32,59	Arvid Kvorning 00:30,96	Arvid Kvorning 00:29,23
	28/11-2015	3/12-2016	27/5-2017	22/9-2018
100m FJ	Arvid Kvorning 01:31,10	Arvid Kvorning 01:14,85	Arvid Kvorning 01:09,61	Arvid Kvorning 01:04,58
	10/10-2015	13/11-2016	12/11-2017	16/12-2018
200m FJ		Arvid Kvorning 03:05,19	Arvid Kvorning 03:04,42	Malte Almqvist 02:37,64
		4/12-2016	12/3-2017	22/10-2017
100m ME	Arvid Kvorning 01:27,20	Arvid Kvorning 01:18,09	Teo Mravac 01:13,10	Teo Mravac 01:11,81
	22/11-2015	26/11-2016	26/11-2016	24/11-2017
200m ME	Arvid Kvorning 03:13,53	Arvid Kvorning 02:53,58	Malte Almqvist 02:39,49	Jonatan Carlsson 02:26,93
	10/10-2015	22/10-2016	13/11-2016	7/12-2014
400m ME		Arvid Kvorning 06:06,30	Måns Bengtsson 05:57,04	Anton Dahlgren 05:30,14
		23/10-2016	2/12-2018	6/10-2012

	ÅLDERSREKORD - POJKAR (25m)			
	14 år	15 år	16 år	17 år
50m FR	Axel Lambertsson 00:25,22	Pontus Palmqvist 00:24,81	Jonatan Carlsson 00:23,59	Jonatan Carlsson 00:23,59
	27/11-2022	3/12-2006	4/11-2017	17/11-2018
100m FR	Axel Lambertsson 00:55,48	Jonatan Carlsson 00:53,40	Jonatan Carlsson 00:52,06	Pontus Palmqvist 00:52,09
	18/12-2022	4/12-2016	10/12-2017	11/11-2008
200m FR	Axel Lambertsson 02:02,57	Teo Mravac 02:05,10	Arvid Kvorning 01:57,91	Jonas Jonason 01:58,31
	26/11-2022	9/11-2019	13/11-2021	26/10-2008
400m FR	Arvid Kvorning 04:33,26	Jonas Jonson 04:26,04	Pontus Palmqvist 04:19,23	Jesper Mattsson 04:27,01
	10/11-2019	21/10-2006	15/0-2007	24/10-2008
800m FR	Arvid Kvorning 09:11,84	Arvid Kvorning 09:22,26	Alfred Larsson 09:32,60	Erik Josefsson 09:39,61
	10/11-2019	25/1-2020	16/10-2010	28/1-2017
1500m FR	Malte Almqvist 19:06,61	Isak Ladeborn 18:29,30	Pontus Palmqvist 17:13,53	Alfred Larsson 17:42,45
	13/10-2018		20/10-2007	13/2-2011
50m BR	Isak Ladeborn 00:32,79	Isak Ladeborn 00:31,99	Isak Ladeborn 00:30,45	Isak Ladeborn 00:29,59
	14/12-2002	8/11-2003	25/11-2004	4/6-2005
100m BR	Isak Ladeborn 01:11,13	Isak Ladeborn 01:08,03	Isak Ladeborn 01:06,62	Isak Ladeborn 01:05,09
	26/10-2002		20/11-2004	3/12-2005
200m BR	Anton Dahlgren 02:34,47	Isak Ladeborn 02:25,86	Filip Ladeborn 02:25,64	Isak Ladeborn 02:24,29
	8/12-2013	25/10-2003	29/11-2008	3/12-2005
50m RY	Axel Lambertsson 00:29,56	Jonatan Carlsson 00:27,87	Jonatan Carlsson 00:26,04	Jonatan Carlsson 00:26,08
	23/10-2022	4/11-2016	5/11-2017	18/11-2018
100m RY	Pontus Palmqvist 01:02,93	Jonatan Carlsson 00:59,64	Jonatan Carlsson 00:56,00	Jonatan Carlsson 00:55,56
	27/11-2005	3/12-2016	9/12-2017	7/12-2018
200m RY	Jonatan Carlsson 02:15,59	Måns Bengtsson 02:15,46	Jonatan Carlsson 02:03,49	Jonatan Carlsson 02:01,94
	6/12-2015	12/12-2021	10/12-2017	9/12-2018
50m FJ	Jonatan Carlsson 00:27,57	Jonatan Carlsson 00:25,52	Jonatan Carlsson 00:25,21	Jonatan Carlsson 00:24,89
	18/10-2015	4/11-2016	1/11-2017	14/11-2018
100m FJ	Jonatan Carlsson 01:00,03	Jonatan Carlsson 00:58,35	Jonatan Carlsson 00:55,84	Pontus Palmqvist 00:55,51
	5/12-2015	4/12-2016	10/12-2017	29/11-2008
200m FJ	Malte Almqvist 02:29,01	Pontus Palmqvist 02:15,72	Pontus Palmqvist 02:08,03	Pontus Palmqvist 02:09,35
	7/10-2018	3/12-2006	8/12-2007	31/1-2008
100m ME	Axel Lambertsson 01:04,51	Jonatan Carlsson 01:02,18	Jonatan Carlsson 01:00,57	Jonatan Carlsson 00:58,18
	24/9-2022	6/5-2016	14/10-2017	14/11-2018
200m ME	Jonatan Carlsson 02:16,88	Anton Dahlgren 02:17,47	Jonatan Carlsson 02:07,95	Isak Ladeborn 02:13,34
	6/12-2015	8/11-2014	9/12-2017	9/4-2005
400m ME	Anton Dahlgren 05:01,64	Anton Dahlgren 04:53,21	Måns Bengtsson 04:44,36	Isak Ladeborn 04:51,11
	7/12-2013	9/11-2014	18/12-2022	23/4-2005

	ÅLDERSREKORD - POJKAR (25m)			
	18 år	19 år	20 år	VARBERGS-REKORD
50m FR	Pontus Palmqvist 00:23,78	Jonatan Carlsson 00:22,89	Pontus Palmqvist 00:23,42	Jonatan Carlsson 00:22,89
	13/12-2009	24/5-2020	4/12-2011	24/5-2020
100m FR	Pontus Palmqvist 00:52,39	Pontus Palmqvist 00:52,62	Pontus Palmqvist 00:51,77	Pontus Palmqvist 00:51,77
	31/1-2009	13/2-2010	15/1-2011	15/1-2011
200m FR	Pontus Palmqvist 01:54,03	Isak Ladeborn 02:02,63	Isak Ladeborn 02:00,77	Pontus Palmqvist 01:54,03
	12/12-2009	10/2-2007	11/1-2008	12/12-2009
400m FR	Pontus Palmqvist 04:17,43	Isak Ladeborn 04:18,99	Pontus Palmqvist 04:21,04	Magnus Palmqvist 03:59,76
	26/9-2009	10/2-2007	9/9-2011	1986
800m FR	Jesper Mattsson 09:32,61			Magnus Palmqvist 08:30,50
	19/4-2009			1986
1500m FR	Jesper Mattsson 17:41,59	Andreas Jalmestam 19:52,61		Magnus Palmqvist 15:43,40
	21/3-2009	21/2-2009		1987
50m BR	Isak Ladeborn 00:29,35	Isak Ladeborn 00:28,79	Isak Ladeborn 00:28,28	Isak Ladeborn 00:28,28
	26/11-2006	4/2-2007	30/11-2008	30/11-2008
100m BR	Isak Ladeborn 01:04,56	Isak Ladeborn 01:03,24	Isak Ladeborn 01:02,06	Isak Ladeborn 01:02,06
	23/11-2006	2/2-2007	28/11-2008	28/11-2009
200m BR	Isak Ladeborn 02:18,42	Isak Ladeborn 02:20,22	Isak Ladeborn 02:14,90	Isak Ladeborn 02:14,90
	25/11-2006	24/11-2007	29/11-2008	29/11-2008
50m RY	Jonatan Carlsson 00:25,26	Jonatan Carlsson 00:25,09	Jonatan Carlsson 00:25,60	Jonatan Carlsson 00:25,09
	17/11-2019	24/5-2020	29/11-2021	24/5-2020
100m RY	Jonatan Carlsson 00:55,52	Pontus Palmqvist 00:55,97	Jonatan Carlsson 00:56,25	Jonatan Carlsson 00:55,52
	17/11-2019	5/12-2010	28/11-2021	17/11-2019
200m RY	Jonatan Carlsson 02:00,62	Isak Ladeborn 02:16,49	Rasmus Ekelöf 02:25,31	Jonatan Carlsson 02:00,62
	15/11-2019	10/2-2007	12/1-2015	15/11-2019
50m FJ	Jonatan Carlsson 00:24,62	Jonatan Carlsson 00:24,39	Jonatan Carlsson 00:24,74	Jonatan Carlsson 00:24,39
	13/11-2019	24/5-2020	24/11-2021	24/5-2020
100m FJ	Pontus Palmqvist 00:53,88	Pontus Palmqvist 00:54,94	Pontus Palmqvist 00:54,58	Pontus Palmqvist 00:53,88
	26/11-2009	2/12-2010	3/2-2011	26/11-2009
200m FJ	Pontus Palmqvist 02:05,53	Albin Larsson 02:19,45	Pontus Palmqvist 02:11,38	Pontus Palmqvist 02:05,53
	13/12-2009	15/10-2017	15/1-2011	13/12-2009
100m ME	Jonatan Carlsson 00:58,43	Isak Ladeborn 00:58,33	Isak Ladeborn 00:58,38	Jonatan Carlsson 00:58,18
	13/11-2019	3/2-2007	28/11-2008	14/11-2018
200m ME	Isak Ladeborn 02:10,56	Isak Ladeborn 02:08,05	Isak Ladeborn 02:05,42	Isak Ladeborn 02:05,42
	23/11-2006	14/1-2007	27/11-2008	27/11-2008
400m ME	Daniel Andersson 05:10,01	Isak Ladeborn 05:03,84	Isak Ladeborn 04:50,78	Magnus Palmqvist 04:28,87
	28/1-2017	11/2-2007	11/1-2008	1987

	ÅLDERSREKORD - FLICKOR (25m)			
	10 år och yngre	11 år	12 år	13 år
50m FR	Hilda Andersson 00:34,37	Filippa Sjögren 00:31,65	Filippa Sjögren 00:29,30	Jenny Palm 00:28,21
	2/12-2017	27/5-2017	25/11-2018	14/12-2003
100m FR	Filippa Sjögren 01:18,95	Hanna Nilsson 01:12,13	Ebba Johansson 01:04,95	Filippa Sjögren 01:00,03
	11/9-2016	4/12-2004	17/12-2021	7/12-2019
200m FR	Nikki Berggren 02:57,07	Elin Palmqvist 02:40,46	Ebba Johansson 02:24,30	Ebba Johansson 02:17,04
	4/9-2015	2/12-2006	28/11-2021	27/11-2022
400m FR	Nikki Berggren 06:19,30	Linnea Dunberg 05:46,76	Elin Palmqvist 05:10,80	Ebba Johansson 04:49,56
	10/10-2015	15/10-2011	11/11-2007	13/11-2022
800m FR		Linnea Dunberg 11:53,78	Matilda Pettersson 10:51,69	Jenny Palm 09:50,39
		16/10-2011	16/10-2011	25/10-2003
1500m FR			Linnea Dunberg 21:42,42	Anna-Karin Andersson 19:30,40
			11/2-2012	25/10-1977
50m BR	Alva Tingstorp 00:45,44	Linnea Dunberg 00:39,51	Linnea Dunberg 00:37,40	Cornelia Almqvist 00:35,19
	29/11-2015	4/12-2011	2/12-2012	15/11-2015
100m BR	Josefine Karlsson 01:37,45	Linnea Dunberg 01:27,20	Linnea Dunberg 01:21,28	Cornelia Almqvist 01:13,86
	15/12-2007	15/10-2011	11/11-2012	6/12-2015
200m BR	Alva Tingstorp 03:29,69	Linnea Dunberg 03:09,34	Ronja Berggren 02:55,42	Cornelia Almqvist 02:44,01
	11/10-2015	16/10-2011	28/11-2015	4/12-2015
50m RY	Filippa Sjögren 00:39,00	Filippa Sjögren 00:36,72	Filippa Sjögren 00:33,82	Filippa Sjögren 00:32,42
	26/11-2016	25/11-2017	24/11-2018	20/10-2019
100m RY	Filippa Sjögren 01:31,69	Filippa Sjögren 01:20,56	Filippa Sjögren 01:15,40	Filippa Sjögren 01:09,85
	17/9-2016	2/12-2017	11/11-2018	8/12-2019
200m RY	Filippa Sjögren 03:17,97	Josefine Karlsson 03:00,90	Filippa Sjögren 02:45,21	Victoria Karlsson 02:38,12
	17/9-2016	7/12-2008	25/11-2018	20/10-2007
50m FJ	Ebba Johansson 00:39,78	Hanna Nilsson 00:34,18	Ebba Johansson 00:32,53	Ellie Geigel 00:31,32
	7/12-2019	4/12-2004	17/12-2021	3/12-2016
100m FJ	Filippa Sjögren 01:38,47	Linnea Dunberg 01:28,46	Nikki Berggren 01:15,47	Nikki Berggren 01:10,70
	18/9-2016	19/11-2011	11/11-2017	10/11-2018
200m FJ	Ulrika Andersson 03:52,50	Ronja Berggren 03:21,92	Nikki Berggren 02:50,72	Ellie Geigel 02:40,76
	1976	30/11-2014	26/11-2017	22/10-2016
100m ME	Filippa Sjögren 01:25,57	Filippa Sjögren 01:21,02	Filippa Sjögren 01:15,03	Filippa Sjögren 01:12,46
	11/9-2016	2/12-2017	23/11-2018	24/3-2019
200m ME	Nikki Berggren 03:21,06	Filippa Sjögren 03:00,31	Ebba Johansson 02:41,55	Ronja Berggren 02:35,59
	20/9-2015	25/3-2017	16/10-2021	12/11-2016
400m ME	Ulrika Andersson 08:22,30	Nikki Berggren 06:25,93	Ebba Johansson 05:53,99	Anna-Karin Andersson 05:30,40
	1976	22/10-2016	18/11-2021	16/10-1977

	ÅLDERSREKORD - FLICKOR (25m)			
	14 år	15 år	16 år	17 år
50m FR	Jenny Palm 00:27,81	Filippa Sjögren 00:26,76	Filippa Sjögren 00:26,55	Sara Westholm 00:26,77
	21/2-2004	29/11-2021	3/9-2022	16/11-2018
100m FR	Jenny Palm 01:00,92	Filippa Sjögren 00:57,75	Linnéa Englund 00:57,43	Nike Kruners 00:58,75
	24/1-2004	12/12-2021	8/12-2019	21/9-2013
200m FR	Jenny Palm 02:13,00	Jenny Palm 02:12,18	Linnéa Englund 02:05,57	Nike Kruners 02:06,64
	25/11-2004	4/6-2005	7/12-2019	21/11-2013
400m FR	Jenny Palm 04:39,65	Jenny Palm 04:42,09	Nike Kruners 04:37,74	Anna-Karin Andersson 04:36,70
	2/10-2004	6/4-2005	29/1-2012	25/1-1981
800m FR	Jenny Palm 09:31,06	Jenny Palm 09:39,81	Nike Kruners 09:38,85	Ida Laurén 10:00,19
	19/3-2004	18/3-2005	14/10-2012	16/10-2011
1500m FR	Thea Carlsson 19:31,94	Matilda Pettersson 18:31,24	Thea Carlsson 19:07,56	Anette Möller 16:50,02
	31/1-2016	5/12-2014	10/11-2018	1986
50m BR	Linnea Dunberg 00:34,96	Cornelia Almqvist 00:34,06	Linnéa Englund 00:32,27	Tilda Hilbert 00:33,87
	5/5-2014	5/2-2017	17/11-2019	17/12-2021
100m BR	Linnea Dunberg 01:14,64	Cornelia Almqvist 01:13,27	Linnéa Englund 01:09,60	Anna-Karin Andersson 01:13,16
	25/10-2014	10/12-2017	14/11-2019	29/11-1981
200m BR	Cornelia Almqvist 02:41,73	Cornelia Almqvist 02:39,91	Linnéa Englund 02:31,99	Anna-Karin Andersson 02:39,60
	13/11-2016	14/10-2017	7/12-2019	27/11-1981
50m RY	Hanna Nilsson 00:33,25	Filippa Sjögren 00:30,88	Filippa Sjögren 00:30,10	Nike Kruners 00:30,54
	25/3-2007	28/11-2021	4/9-2022	24/11-2013
100m RY	Emma Johansson 01:12,07	Filippa Sjögren 01:06,03	Nike Kruners 01:04,31	Nike Kruners 01:04,88
	10/11-2019	11/12-2021	8/12-2012	24/3-2013
200m RY	Ronja Berggren 02:35,61	Nike Kruners 02:24,42	Nike Kruners 02:21,19	Nike Kruners 02:20,64
	26/11-2017	18/12-2011	9/12-2012	23/11-2013
50m FJ	Linnea Dunberg 00:30,90	Filippa Sjögren 00:29,33	Filippa Sjögren 00:28,50	Nike Kruners 00:28,95
	25/10-2014	28/11-2021	3/9-2022	21/11-2013
100m FJ	Nikki Berggren 01:08,77	Nike Kruners 01:06,04	Anna-Karin Andersson 01:04,50	Nike Kruners 01:04,36
	9/11-2019	18/12-2011	26/10-1980	28/4-2013
200m FJ	Ellie Geigel 02:36,70	Nike Kruners 02:33,73	Anna-Karin Andersson 02:25,40	Anna-Karin Andersson 02:23,60
	28/1-2017	2/10-2011	28/11-1980	17/10-1981
100m ME	Linnea Dunberg 01:11,35	Filippa Sjögren 01:06,62	Linnéa Englund 01:05,83	Sara Westholm 01:06,96
	23/3-2014	26/11-2021	19/10-2019	23/11-2018
200m ME	Anna-Karin Andersson 02:31,30	Anna-Karin Andersson 02:26,10	Anna-Karin Andersson 02:19,74	Anna-Karin Andersson 02:21,57
	10/9-1978	1/12-1979	29/11-1980	7/2-1981
400m ME	Anna-Karin Andersson 05:17,00	Anna-Karin Andersson 05:08,17	Anna-Karin Andersson 05:05,40	Anna-Karin Andersson 05:00,64
	20/5-1978	29/4-1979	30/11-1980	18/1-1981

	ÅLDERSREKORD - FLICKOR (25m)			
	18 år	19 år	20 år	VARBERGS-REKORD
50m FR	Nike Kruners 00:26,60	Anna-Karin Andersson 00:27,37	Anna-Karin Andersson 00:27,34	Filippa Sjögren 00:26,55
	22/3-2014	5/3-1983	3/3-1984	3/9-2022
100m FR	Nike Kruners 00:58,25	Mathilda Gärdesmed 00:59,75	Mathilda Gärdesmed 01:01,33	Linnéa Englund 00:57,43
	1/6-2014	22/11-2013	1/6-2014	8/12-2019
200m FR	Anette Möller 02:02,91	Anna-Karin Andersson 02:09,70	Anna-Karin Andersson 02:08,69	Anette Möller 02:02,91
	1987	16/10-1983	15/3-1984	1987
400m FR	Anette Möller 04:14,51	Anna-Karin Andersson 04:37,40	Elin Kvarnemar 04:56,25	Anette Möller 04:14,51
	1987	19/3-1983	12/1-2015	1987
800m FR	Anette Möller 08:37,98			Anette Möller 08:37,98
	1987			1987
1500m FR	Matilda Bengtsson 19:40,29	Anna-Karin Andersson 17:57,00		Anette Möller 16:50,02
	15/3-2020	18/3-1983		1986
50m BR	Cornelia Almqvist 00:33,89	Stella Warborn 00:34,94	Emma Wallberg 00:43,30	Linnéa Englund 00:32,27
	24/5-2020	24/9-2022	2/4-2011	17/11-2019
100m BR	Stella Warborn 01:12,74	Stella Warborn 01:13,40	Anna-Karin Andersson 01:16,28	Linnéa Englund 01:09,60
	24/11-2021	24/9-2022	4/3-1984	14/11-2019
200m BR	Stella Warborn 02:37,56	Stella Warborn 02:35,82	Anna-Karin Andersson 02:42,XX	Linnéa Englund 02:31,99
	29/11-2021	23/11-2022	1984	7/12-2019
50m RY	Nike Kruners 00:30,70	Elin Kvarnemar 00:32,24		Filippa Sjögren 00:30,10
	22/3-2014	29/11-2014		4/9-2022
100m RY	Nike Kruners 01:05,16	Anna-Karin Andersson 01:08,62	Anna-Karin Andersson 01:09,80	Nike Kruners 01:04,31
	31/5-2014	5/3-1983	3/3-1984	8/12-2012
200m RY	Nike Kruners 02:23,71	Elin Kvarnemar 02:28,06	Elin Kvarnemar 02:29,04	Linda Klingén 02:19,84
	1/6-2014	30/11-2014	12/1-2015	?
50m FJ	Anna-Karin Andersson 00:29,30	Mathilda Gärdesmed 00:28,54	Mathilda Gärdesmed 00:29,15	Filippa Sjögren 00:28,50
	17/12-1982	21/11-2013	31/5-2014	3/9-2022
100m FJ	Anna-Karin Andersson 01:01,99	Anna-Karin Andersson 01:02,63	Anna-Karin Andersson 01:02,14	Anna-Karin Andersson 01:01,99
	17/12-1982	5/2-1983	31/3-1984	xx/12-1982
200m FJ	Anna-Karin Andersson 02:18,03	Anna-Karin Andersson 02:17,40	Anna-Karin Andersson 02:16,11	Anna-Karin Andersson 02:16,11
	27/11-1982	8/4-1983	30/3-1984	30/3-1984
100m ME	Cornelia Almqvist 01:07,36	Stella Warborn 00:01:09,41	Mathilda Gärdesmed 01:08,87	Linnéa Englund 01:05,83
	24/5-2020	25/9-2022	30/5-2014	19/10-2019
200m ME	Anna-Karin Andersson 02:19,71	Anna-Karin Andersson 02:21,30	Anna-Karin Andersson 02:21,19	Anna-Karin Andersson 02:19,72
	28/11-1982	6/3-1983	4/3-1984	28/11-1982
400m ME	Anette Möller 05:00,00	Anna-Karin Andersson 05:17,30		Anette Möller 05:00,00
	1987	10/4-1983		1987

	ÅLDERSREKORD - POJKAR (50m)			
	10 år och yngre	11 år	12 år	13 år
50m FR	Axel Lambertsson 00:35,37	Arvid Kvorning 00:32,53	Arvid Kvorning 00:30,62	Teo Mravac 00:27,91
	8/7-2018	1/7-2016	2/7-2017	2/7-2017
100m FR	Malte Almqvist 01:22,12	Arvid Kvorning 01:10,75	Arvid Kvorning 01:06,11	Teo Mravac 01:02,18
	27/6-2014	9/7-2016	28/4-2017	12/7-2017
200m FR	Axel Lambertsson 03:02,46	Arvid Kvorning 02:37,92	Arvid Kvorning 02:27,80	Teo Mravac 02:17,66
	6/7-2018	1/7-2016	30/6-2017	30/6-2017
400m FR	Kailan Jiminez 07:06,25	Arvid Kvorning 05:31,09	Noa Carlenius 05:28,11	Anton Dahlgren 05:05,07
	26/6-2015	9/7-2016	27/6-2014	21/4-2012
800m FR		Axel Lambertsson 13:45,71	Valdemar Alström 12:15,72	Måns Bengtsson 10:42,12
		7/9-2019	7/9-2019	7/9-2019
1500m FR				Sammi Nielsen 23:40,97
				1/7-2016
50m BR	Isak Kvorning 00:48,28	Malte Almqvist 00:42,48	Erik Josefsson 00:39,25	Erik Josefsson 00:37,08
	7/7-2018	23/5-2015	26/5-2012	8/6-2013
100m BR	Isak Kvorning 01:45,08	Teo Mravac 01:35,66	Teo Mravac 01:28,18	Malte Almqvist 01:21,31
	7/7-2018	24/5-2015	29/5-2016	12/7-2017
200m BR	Isak Kvorning 03:44,53	Malte Almqvist 03:21,06	Teo Mravac 03:10,85	Anton Dahlgren 02:53,80
	8/7-2018	26/6-2015	1/7-2016	1/7-2012
50m RY	Malte Almqvist 00:42,95	Arvid Kvorning 00:38,64	Arvid Kvorning 00:35,82	Jonatan Carlsson 00:33,53
	27/6-2014	1/7-2016	1/7-2017	27/6-2014
100m RY	Arvid Kvorning 01:33,79	Arvid Kvorning 01:23,46	Arvid Kvorning 01:18,22	Jonatan Carlsson 01:12,47
	26/6-2015	28/5-2016	28/4-2017	27/6-2014
200m RY	Arvid Kvorning 03:33,59	Arvid Kvorning 03:02,62	Arvid Kvorning 02:51,42	Hugo Svensson 02:41,28
	26/6-2015	29/5-2016	2/7-2017	22/12-2021
50m FJ	Malte Almqvist 00:42,01	Arvid Kvorning 00:33,57	Arvid Kvorning 00:31,84	Arvid Kvorning 00:30,25
	27/6-2014	8/7-2016	1/7-2017	20/5-2018
100m FJ	Arvid Kvorning 01:38,88	Arvid Kvorning 01:17,98	Arvid Kvorning 01:11,09	Arvid Kvorning 01:10,40
	26/6-2015	29/5-2016	11/6-2017	20/5-2018
200m FJ		Arvid Kvorning 03:11,95	Malte Almqvist 02:58,51	Malte Almqvist 02:48,26
		12/6-2016	12/6-2016	1/7-2017
200m ME	Arvid Kvorning 03:28,14	Arvid Kvorning 02:58,92	Malte Almqvist 02:51,43	Anton Dahlgren 02:37,97
	26/6-2015	10/7-2016	10/6-2016	29/6-2012
400m ME	Kailan Jiminez 08:07,98		Malte Almqvist 06:08,91	Måns Bengtsson 06:01,19
	26/6-2015		10/6-2016	13/4-2019

	ÅLDERSREKORD - POJKAR (50m)			
	14 år	15 år	16 år	17 år
50m FR	Axel Lambertsson 00:26,83	Jonatan Carlsson 00:26,08	Jonatan Carlsson 00:24,55	Jonatan Carlsson 00:24,89
	10/7-2022	29/5-2016	3/7-2017	8/4-2018
100m FR	Axel Lambertsson 00:58,80	Pontus Palmqvist 00:56,36	Jonatan Carlsson 00:53,83	Jonatan Carlsson 00:54,35
	4/6-2022	14/5-2006	14/7-2017	29/6-2018
200m FR	Jonas Jonson 02:13,47	Jonas Jonson 02:06,35	Jonas Jonson 02:04,28	Jonas Jonson 02:03,92
	1/7-2005	16/12-2006	15/4-2007	15/6-2008
400m FR	Pontus Palmqvist 04:46,92	Jonas Jonson 04:37,64	Måns Bengtsson 04:35,13	Pontus Palmqvist 04:24,23
	1/7-2005	16/12-2006	14/7-2022	12/4-2008
800m FR	Arvid Kvorning 10:05,89	Teo Mravac 09:55,53	Måns Bengtsson 09:38,67	Joakim Bresche 10:10,01
	9/3-2019	7/9-2019	22/5-2022	12/6-2011
1500m FR	Hugo Svensson 19:40,40	Alfred Larsson 19:31,89	Pontus Palmqvist 17:56,14	Martin Andersson 16:56,50
	10/4-2022	26/6-2009	20/5-2007	1987
50m BR	Anton Dahlgren 00:34,42	Isak Ladeborn 00:32,38	Filip Ladeborn 00:32,91	Isak Ladeborn 00:30,55
	25/5-2013	9/6-2003	15/6-2008	29/6-2005
100m BR	Isak Ladeborn 01:15,08	Isak Ladeborn 01:09,50	Isak Ladeborn 01:10,80	Isak Ladeborn 01:07,79
	27/6-2002	3/7-2003	8/7-2004	29/6-2005
200m BR	Anton Dahlgren 02:44,25	Isak Ladeborn 02:33,63	Filip Ladeborn 02:31,84	Isak Ladeborn 02:28,62
	25/5-2013	3/7-2003	11/7-2008	29/6-2005
50m RY	Axel Lambertsson 00:31,32	Jonatan Carlsson 00:30,11	Jonatan Carlsson 00:28,73	Jonatan Carlsson 00:28,21
	9/7-2022	31/3-2016	2/7-2017	6/4-2018
100m RY	Jonatan Carlsson 01:07,30	Jonatan Carlsson 01:02,52	Jonatan Carlsson 01:02,01	Jonatan Carlsson 01:00,73
	16/5-2015	3/7-2016	16/7-2017	1/7-2018
200m RY	Jonatan Carlsson 02:29,67	Pontus Palmqvist 02:21,24	Pontus Palmqvist 02:24,14	Jonatan Carlsson 02:12,58
	16/5-2015	16/12-2006	18/5-2007	30/6-2018
50m FJ	Jonatan Carlsson 00:28,73	Jonatan Carlsson 00:26,39	Arvid Kvorning 00:25,78	Pontus Palmqvist 00:25,55
	17/5-2015	30/6-2016	17/7-2021	2/5-2008
100m FJ	Arvid Kvorning 01:03,66	Pontus Palmqvist 00:59,81	Pontus Palmqvist 00:58,08	Pontus Palmqvist 00:57,13
	13/7-2019	15/7-2006	11/6-2017	3/5-2008
200m FJ	Jonas Jonson 02:34,13	Noa Carlenius 02:24,42	Pontus Palmqvist 02:14,22	Pontus Palmqvist 02:15,91
	7/7-2005	13/7-2017	11/6-2007	12/4-2008
200m ME	Malte Almqvist 02:27,97	Malte Almqvist 02:23,54	Måns Bengtsson 02:19,93	Jonatan Carlsson 02:13,86
	6/7-2018	12/7-2019	15/7-2022	29/6-2018
400m ME	Anton Dahlgren 05:18,79	Anton Dahlgren 05:05,72	Måns Bengtsson 04:56,71	Hjalmar Löfvenborg 05:19,61
	7/4-2013	29/6-2014	17/7-2022	1/7-2016

	ÅLDERSREKORD - POJKAR (50m)			
	18 år	19 år	20 år	VARBERGS-REKORD
50m FR	Jonatan Carlsson 00:25,04	Jonatan Carlsson 00:24,63	Jonatan Carlsson 00:24,45	Jonatan Carlsson 00:24,45
	15/4-2019	22/2-2020	11/4-2021	11/4-2021
100m FR	Pontus Palmqvist 00:53,91	Pontus P/Jonas J 00:55,99	Pontus Palmqvist 00:53,54	Pontus Palmqvist 00:53,54
	3/7-2009	10/4-2010 & 14/7-2010	3/7-2011	3/7-2011
200m FR	Isak Ladeborn 02:05,03	Axel Gårdström 02:09,65	Jakob Sundén 02:19,43	Magnus Palmqvist
	26/5-2006	10/4-2010 & 14/7-2010	15/5-2015	?
400m FR	Martin Andersson 04:07,10	Pontus Palmqvist 04:29,32		Magnus Palmqvist
	1988	10/4-2010 & 14/7-2010		?
800m FR	Jonatan Carlsson 10:01,89			Magnus Palmqvist
	7/9-2019			?
1500m FR	Martin Andersson 16:21,00	Niklas Eriksson 19:14,71		Magnus Palmqvist
	1988	30/6-2006		?
50m BR	Isak Ladeborn 00:29,64	Isak Ladeborn 00:30,11	Isak Ladeborn 00:29,40	Isak Ladeborn 00:29,40
	8/7-2006	9/6-2007	9/2-2008	9/2-2008
100m BR	Isak Ladeborn 01:06,98	Isak Ladeborn 01:05,60	Isak Ladeborn 01:05,51	Isak Ladeborn 01:05,51
	26/5-2006	14/6-2007	10/2-2008	10/2-2008
200m BR	Isak Ladeborn 02:32,51	Isak Ladeborn 02:25,77	Isak Ladeborn 02:26,69	Isak Ladeborn 02:25,16
	10/2-2006	27/7-2007	3/5-2008	20/3-2009
50m RY	Jonatan Carlsson 00:27,53	Jonatan Carlsson 00:27,64	Pontus Palmqvist 00:27,21	Pontus Palmqvist 00:27,21
	13/4-2019	23/2-2020	30/6-2011	30/6-2011
100m RY	Jonatan Carlsson 00:59,55	Jonatan Carlsson 00:59,21	Pontus Palmqvist 00:58,20	Pontus Palmqvist 00:58,20
	14/4-2019	10/6-2020	1/7-2011	1/7-2011
200m RY	Jonatan Carlsson 02:11,28	Jonatan Carlsson 02:14,06	Pontus Palmqvist 02:16,70	Jonatan Carlsson 02:11,28
	1/7-2019	19/1-2020	29/5-2011	1/7-2019
50m FJ	Pontus Palmqvist 00:25,21	Pontus Palmqvist 00:25,86	Pontus Palmqvist 00:24,78	Pontus Palmqvist 00:24,78
	25/4-2009	18/7-2010	3/7-2011	3/7-2011
100m FJ	Pontus Palmqvist 00:55,73	Pontus Palmqvist 00:57,49	Pontus Palmqvist 00:55,61	Pontus Palmqvist 00:55,61
	5/7-2009	16/7-2010	1/7-2011	1/7-2011
200m FJ	Pontus Palmqvist 02:13,94	Pontus Palmqvist 02:14,56	Gustav Andersson 02:46,24	Pontus Palmqvist 02:13,94
	30/5-2009	29/5-2010	3/5-2014	30/5-2009
200m ME	Isak Ladeborn 02:14,96	Isak Ladeborn 02:13,58	Isak Ladeborn 02:12,10	Jonatan Carlsson 02:13,86
	6/5-2006	27/7-2007	4/5-2008	29/6-2018
400m ME	Daniel Andersson 05:21,18	Isak Ladeborn 04:54,99		Magnus Palmqvist
	27/5-2017	20/5-2007		?

	ÅLDERSREKORD - FLICKOR (50m)			
	10 år och yngre	11 år	12 år	13 år
50m FR	Filippa Sjögren 00:35,98	Filippa Sjögren 00:32,19	Ebba Johansson 00:29,81	Filippa Sjögren 00:29,34
	29/5-2016	2/7-2017	22/12-2021	30/6-2019
100m FR	Ronja Berggren 01:25,56	Filippa Sjögren 01:17,00	Ebba Johansson 01:07,87	Jenny Palm 01:05,35
	28/6-2013	1/7-2017	15/6-2021	3/7-2003
200m FR	Filippa Sjögren 03:14,67	Linnea D/ Nikki B 02:52,50	Ebba Johansson 02:25,80	Ebba Johansson 02:23,12
	1/7-2016	16/4-2011 & 10/6-2016	4/9-2021	26/2-2022
400m FR	Astrid Hörbäck 07:03,02	Nikki Berggren 05:54,31	Matilda Pettersson 05:27,93	Jenny Palm 04:54,71
	29/6-2007	9/7-2016	8/7-2011	28/6-2003
800m FR		Victoria Karlsson 13:45,79	Matilda Pettersson 11:25,24	Jenny Palm 10:26,97
		1/7-2005	10/7-2011	28/6-2003
1500m FR				Matilda Pettersson 20:07,43
				9/6-2012
50m BR	Josefine Karlsson 00:45,59	Linnea Dunberg 00:41,18	Linnea Dunberg 00:39,73	Cornelia Almqvist 00:37,09
	15/12-2007	9/7-2011	26/5-2012	23/5-2015
100m BR	Josefine Karlsson 01:41,90	Linnea Dunberg 01:30,79	Linnea Dunberg 01:26,80	Linnea Dunberg 01:18,62
	15/12-2007	10/7-2011	29/6-2012	28/6-2013
200m BR	Ronja Berggren 03:42,37	Linnea Dunberg 03:13,14	Linnea Dunberg 03:04,09	Linnea Dunberg 02:52,26
	6/4-2013	9/7-2011	1/7-2012	30/6-2013
50m RY	Astrid Hörbäck 00:43,36	Filippa Sjögren 00:40,14	Filippa Sjögren 00:36,62	Filippa Sjögren 00:34,10
	1/7-2007	1/7-2017	8/7-2018	2/3-2019
100m RY	Linnea Dunberg 01:38,57	Ida Henriksson 01:26,91	Filippa Sjögren 01:20,81	Filippa Sjögren 01:15,73
	11/7-2010	15/12-2007	7/4-2018	28/6-2019
200m RY	Nikki Berggren 03:31,25	Josefine Karlsson 03:07,40	Filippa Sjögren 02:53,75	Filippa Sjögren 02:47,34
	26/6-2015	1/6-2008	8/7-2018	30/6-2019
50m FJ	Stella Geigel 00:43,00	Filippa Sjögren 00:38,57	Ebba Johansson 00:34,52	Ellie Geigel 00:33,01
	1/7-2017	1/7-2017	15/6-2021	8/7-2016
100m FJ	Nikki Berggren 01:46,34	Leia Kayal 01:29,04	Ebba Johansson 01:16,79	Ellie Geigel 01:11,84
	26/6-2015	22/12-2021	5/9-2021	11/6-2016
200m FJ			Linnea Dunberg 03:04,58	Ellie Geigel 02:46,91
			6/7-2012	28/5-2016
200m ME	Ronja Berggren 03:28,36	Linnea Dunberg 03:07,02	Ebba Johansson 02:46,03	Anna-Karin Andersson 02:43,80
	28/6-2013	19/6-2011	5/9-2021	1977
400m ME		Hanna Nilsson 07:10,47	Linnea Dunberg 06:11,81	Anna-Karin Andersson 05:47,50
		5/6-2004	26/5-2012	1977

	ÅLDERSREKORD - FLICKOR (50m)			
	14 år	15 år	16 år	17 år
50m FR	Jenny Palm 00:29,42	Filippa Sjögren 00:28,41	Filippa Sjögren 00:26,98	Sara Westholm 00:26,95
	17/4-2004	4/9-2021	2/7-2022	4/7-2018
100m FR	Jenny Palm 01:04,34	Elin Kvarnemar 01:02,46	Linnéa Englund 00:59,14	Nike Kruners 01:00,03
	17/4-2004	29/5-2010	11/-2019	26/5-2013
200m FR	Jenny Palm 02:13,93	Jenny Palm 02:15,67	Linnéa Englund 02:10,33	Nike Kruners 02:09,36
	2/7-2004	1/7-2005	14/7-2019	5/7-2013
400m FR	Jenny Palm 04:50,26	Elin Kvarnemar 04:51,54	Nike Kruners 04:45,13	Thea Carlsson 04:54,85
	18/6-2004	3/7-2010	21/7-2012	30/6-2019
800m FR	Jenny Palm 09:53,88	Jenny Palm 09:58,93	Jenny Palm 10:06,85	Jenny Palm 10:12,22
	2/7-2004	1/7-2005	13/7-2006	29/6-2007
1500m FR	Matilda Pettersson 19:41,57	Clara Balslev 20:32,34	Tilda Conradsson 23:05,31	Anette Möller 16:57,23
	27/6-2013	11/6-2016	6/6-2015	26/4-1986
50m BR	Cornelia Almqvist 00:35,18	Cornelia Almqvist 00:34,59	Linnéa Englund 00:33,84	Sara Westholm 00:35,00
	10/7-2016	27/5-2017	29/6-2019	6/4-2018
100m BR	Linnea Dunberg 01:16,47	Cornelia Almqvist 01:14,01	Linnéa Englund 01:12,80	Cornelia Almqvist 01:14,67
	27/6-2014	14/7-2017	12/7-2019	12/7-2019
200m BR	Stella Warborn 02:49,46	Cornelia Almqvist 02:41,37	Linnéa Englund 02:44,18	Cornelia Almqvist 02:43,57
	15/7-2017	15/7-2017	28/6-2019	12/7-2019
50m RY	Filippa Sjögren 00:34,05	Filippa Sjögren 00:32,77	Nike Kruners 00:32,49	Nike Kruners 00:32,05
	23/2-2020	11/7-2021	9/6-2012	20/4-2013
100m RY	Victoria Karlsson 01:16,14	Jennie Johansson 01:11,97	Nike Kruners 01:08,44	Nike Kruners 01:09,14
	29/6-2008	16/7-2000	21/7-2012	30/6-2013
200m RY	Victoria Karlsson 02:43,18	Jennie Johansson 02:34,91	Nike Kruners 02:31,16	Nike Kruners 02:26,86
	27/6-2008	16/7-2000	29/6-2012	19/5-2013
50m FJ	Linnea Dunberg 00:31,91	Nike Kruners 00:30,07	Filippa Sjögren 00:28,56	Nike Kruners 00:28,94
	24/5-2014	9/7-2011	16/7-2022	19/5-2013
100m FJ	Anna-Karin Andersson 01:11,00	Nike Kruners 01:08,07	Nike Kruners 01:07,31	Nike Kruners 01:05,25
	1978	10/7-2011	20/7-2012	8/6-2013
200m FJ	Linnea Dunberg 02:44,52	Anna-Karin Andersson 02:36,50	Nike Kruners 02:35,41	Nike Kruners 02:31,33
	24/5-2014	1979	6/7-2012	25/5-2013
200m ME	Anna-Karin Andersson 02:37,00	Anna-Karin Andersson 02:28,34	Anna-Karin Andersson 02:27,19	Anna-Karin Andersson 02:25,70
	1978	29/7-1979	6/4-1980	x/7-1981
400m ME	Anna-Karin Andersson 05:25,70	Anna-Karin Andersson 05:16,00	Anna-Karin Andersson 05:11,92	Anna-Karin Andersson 05:13,14
	x/5-1978	27/7-1979	25/7-1980	30/5-1981

	ÅLDERSREKORD - FLICKOR (50m)			
	18 år	19 år	20 år	VARBERGS-REKORD
50m FR	Sara Westholm 00:27,46	Anna-Karin Andersson 00:27,74	Matilda Gärdesmed 00:28,73	Sara Westholm 00:26,95
	14/4-2019	27/7-1983	26/4-2014	4/7-2018
100m FR	Nike Kruners 00:59,68	Anna-Karin Andersson 01:02,25	Cornelia Almqvist 01:02,96	Linnéa Englund 00:59,14
	27/4-2014	5/6-1983	21/5-2022	11/7-2019
200m FR	Anette Möller 02:04,42	Stella Warborn 02:22,56		Anette Möller 02:04,42
	1987	9/4-2022		1987
400m FR	Anette Möller 04:19,78	Anna-Karin 04:39,38		Anette Möller 04:19,78
	1987	4/6-1983		1987
800m FR	Anette Möller 08:51,98			Anette Möller 08:51,98
	1987			1987
1500m FR	Matilda Bengtsson 21:13,21			Anette Möller 16:57,22
	8/3-2020			26/4-1986
50m BR	Stella Warborn 00:35,19	Cornelia Almqvist 00:35,06	Cornelia Almqvist 00:35,16	Linnéa Englund 00:33,84
	22/12-2021	30/6-2021	2/7-2022	29/6-2019
100m BR	Stella Warborn 01:15,72	Stella Warborn 01:15,51	Cornelia Almqvist 01:15,47	Linnéa Englund 01:12,80
	17/7-2021	29/4-2022	29/6-2022	12/7-2019
200m BR	Stella Warborn 02:39,14	Stella Warborn 02:41,96	Cornelia Almqvist 02:45,44	Stella Warborn 02:39,14
	11/7-2021	1/5-2022	1/7-2022	11/7-2021
50m RY	Nike Kruners 00:32,83	Ronja Berggren 00:34,58	Cornelia Almqvist 00:34,86	Nike Kruners 00:32,05
	7/6-2014	10/4-2022	9/7-2022	20/4-2013
100m RY	Nike Kruners 01:09,11	Thea Carlsson 01:15,34	Thea Carlsson 01:16,98	Nike Kruners 01:08,44
	24/5-2014	9/7-2021	26/2-2022	21/7-2012
200m RY	Nike Kruners 02:29,08			Nike Kruners 02:26,86
	8/3-2014			19/5-2013
50m FJ	Nike Kruners 00:29,42	Anna-Karin Andersson 00:29,20	Mathilda Gärdesmed 00:29,81	Filippa Sjögren 00:28,56
	12/4-2014	30/7-1983	12/4-2014	16/7-2022
100m FJ	Anna-Karin Andersson 01:04,14	Anna-Karin Andersson 01:02,85	Anna-Karin Andersson 01:03,41	Anna-Karin Andersson 01:02,85
	17/7-1982	17/7-1983	17/6-1984	17/7-1983
200m FJ	Anna-Karin Andersson 02:23,80	Anna-Karin Andersson 02:18,58	Anna-Karin Andersson 02:17,80	Anna-Karin Andersson 02:17,80
	18/6-1982	29/7--1983	1984	1984
200m ME	Anna-Karin Andersson 02:23,23	Anna-Karin Andersson 02:26,88	Anna-Karin Andersson 02:34,00	Anna-Karin Andersson 02:23,23
	17/2-1982	1983	1984	17/2-1982
400m ME	Anna-Karin Andersson 05:10,90	Anna-Karin Andersson 05:16,80		Anna-Karin Andersson 05:10,90
	18/7-1982	28/5-1983		18/7-1982