

	ÅLDERSREKORD - POJKAR (25m)			UPPDATERAD: 22/12-2021
	10 år och yngre	11 år	12 år	13 år
50m FR	Julius Andersson 00:33,78 29/11-2015	Arvid Kvorning 00:31,01 4/12-2016	Teo Mravac 00:29,45 11/9-2016	Teo Mravac 00:26,86 26/11-2017
100m FR	Julius Andersson 01:16,39 10/10-2015	Arvid Kvorning 01:08,88 13/11-2016	Teo Mravac 01:01,90 22/10-2016	Teo Mravac 00:59,27 10/12-2017
200m FR	Julius Andersson 02:46,28 11/10-2015	Arvid Kvorning 02:32,15 23/10-2016	Arvid Kvorning 02:22,29 25/11-2017	Malte Almqvist 02:17,22 25/11-2017
400m FR	Kailan Jimenez 06:24,87 11/10-2015	Arvid Kvorning 05:18,73 12/11-2016	Arvid Kvorning 05:03,55 11/11-2017	Arvid Kvorning 04:48,95 10/11-2018
800m FR		Julius Andersson 11:51,85 30/1-2016	Noa Carlenius 11:27,83 11/10-2014	Noa Carlenius 10:03,43 10/10-2015
1500m FR		Arvid Kvorning 22:49,16 13/3-2016	Noa Carlenius 22:40,64 9/3-2014	Max Jilek 20:59,04 24/3-2019
50m BR	Malte Almqvist 00:44,87 6/12-2014	Teo Mravac 00:40,72 29/11-2015	Erik Josefsson 00:37,07 2/12-2012	Max Jilek 00:35,37 9/11-2019
100m BR	Teo Mravac 01:43,10 4/10-2014	Teo Mravac 01:31,17 14/11-2015	Teo Mravac 01:19,62 12/11-2016	Anton Dahlgren 01:15,53 8/12-2012
200m BR	Joseph Ornek 03:39,36 10/10-2015	Teo Mravac 03:14,85 28/11-2015	Erik Josefsson 02:58,23 1/12-2012	Anton Dahlgren 02:42,84 1/12-2012
50m RY	Arvid Kvorning 00:38,69 28/11-2015	Arvid Kvorning 00:34,95 3/12-2016	Arvid Kvorning 00:33,38 25/11-2017	Jonatan Carlsson 00:31,30 25/10-214
100m RY	Julius Andersson 01:29,02 10/10-2015	Arvid Kvorning 01:15,13 26/11-2016	Malte Almqvist 01:13,10 12/11-2016	Jonatan Carlsson 01:05,17 5/12-2014
200m RY	Arvid Kvorning 03:06,41 11/10-2015	Arvid Kvorning 02:41,22 4/12-2016	Arvid Kvorning 02:40,33 26/11-2017	Hugo Svensson 02:32,93 13/11-2021
50m FJ	Arvid Kvorning 00:36,82 28/11-2015	Arvid Kvorning 00:32,59 3/12-2016	Arvid Kvorning 00:30,96 27/5-2017	Arvid Kvorning 00:29,23 22/9-2018
100m FJ	Arvid Kvorning 01:31,10 10/10-2015	Arvid Kvorning 01:14,85 13/11-2016	Arvid Kvorning 01:09,61 12/11-2017	Arvid Kvorning 01:04,58 16/12-2018
200m FJ		Arvid Kvorning 03:05,19 4/12-2016	Arvid Kvorning 03:04,42 12/3-2017	Malte Almqvist 02:37,64 22/10-2017
100m ME	Arvid Kvorning 01:27,20 22/11-2015	Arvid Kvorning 01:18,09 26/11-2016	Teo Mravac 01:13,10 26/11-2016	Teo Mravac 01:11,81 24/11-2017
200m ME	Arvid Kvorning 03:13,53 10/10-2015	Arvid Kvorning 02:53,58 22/10-2016	Malte Almqvist 02:39,49 13/11-2016	Jonatan Carlsson 02:26,93 7/12-2014
400m ME		Arvid Kvorning 06:06,30 23/10-2016	Måns Bengtsson 05:57,04 2/12-2018	Anton Dahlgren 05:30,14 6/10-2012

	14 år	15 år	16 år	17 år
50m FR	Teo Mravac 00:25,77 15/12-2018	Pontus Palmqvist 00:24,81 3/12-2006	Jonatan Carlsson 00:23,59 4/11-2017	Jonatan Carlsson 00:23,59 17/11-2018
100m FR	Pontus Palmqvist 00:56,36 3/12-2005	Jonatan Carlsson 00:53,40 4/12-2016	Jonatan Carlsson 00:52,06 10/12-2017	Pontus Palmqvist 00:52,09 11/11-2008
200m FR	Arvid Kvorning 02:04,37 7/12-2019	Teo Mravac 02:05,10 9/11-2019	Arvid Kvorning 01:57,91 13/11-2021	Jonas Jonason 01:58,31 26/10-2008
400m FR	Arvid Kvorning 04:33,26 10/11-2019	Jonas Jonson 04:26,04 21/10-2006	Pontus Palmqvist 04:19,23 15/0-2007	Jesper Mattsson 04:27,01 24/10-2008
800m FR	Arvid Kvorning 09:11,84 10/11-2019	Arvid Kvorning 09:22,26 25/1-2020	Alfred Larsson 09:32,60 16/10-2010	Erik Josefsson 09:39,61 28/1-2017
1500m FR	Malte Almqvist 19:06,61 13/10-2018	Isak Ladeborn 18:29,30	Pontus Palmqvist 17:13,53 20/10-2007	Alfred Larsson 17:42,45 13/2-2011
50m BR	Isak Ladeborn 00:32,79 14/12-2002	Isak Ladeborn 00:31,99 8/11-2003	Isak Ladeborn 00:30,45 25/11-2004	Isak Ladeborn 00:29,59 4/6-2005
100m BR	Isak Ladeborn 01:11,13 26/10-2002	Isak Ladeborn 01:08,03	Isak Ladeborn 01:06,62 20/11-2004	Isak Ladeborn 01:05,09 3/12-2005
200m BR	Anton Dahlgren 02:34,47 8/12-2013	Isak Ladeborn 02:25,86 25/10-2003	Filip Ladeborn 02:25,64 29/11-2008	Isak Ladeborn 02:24,29 3/12-2005
50m RY	Jonatan Carlsson 00:30,16 17/10-2015	Jonatan Carlsson 00:27,87 4/11-2016	Jonatan Carlsson 00:26,04 5/11-2017	Jonatan Carlsson 00:26,08 18/11-2018
100m RY	Pontus Palmqvist 01:02,93 27/11-2005	Jonatan Carlsson 00:59,64 3/12-2016	Jonatan Carlsson 00:56,00 9/12-2017	Jonatan Carlsson 00:55,56 7/12-2018
200m RY	Jonatan Carlsson 02:15,59 6/12-2015	Måns Bengtsson 02:15,46 12/12-2021	Jonatan Carlsson 02:03,49 10/12-2017	Jonatan Carlsson 02:01,94 9/12-2018
50m FJ	Jonatan Carlsson 00:27,57 18/10-2015	Jonatan Carlsson 00:25,52 4/11-2016	Jonatan Carlsson 00:25,21 1/11-2017	Jonatan Carlsson 00:24,89 14/11-2018
100m FJ	Jonatan Carlsson 01:00,03 5/12-2015	Jonatan Carlsson 00:58,35 4/12-2016	Jonatan Carlsson 00:55,84 10/12-2017	Pontus Palmqvist 00:55,51 29/11-2008
200m FJ	Malte Almqvist 02:29,01 7/10-2018	Pontus Palmqvist 02:15,72 3/12-2006	Pontus Palmqvist 02:08,03 8/12-2007	Pontus Palmqvist 02:09,35 31/1-2008
100m ME	Pontus Palmqvist 01:05,28 3/12-2005	Jonatan Carlsson 01:02,18 6/5-2016	Jonatan Carlsson 01:00,57 14/10-2017	Jonatan Carlsson 00:58,18 14/11-2018
200m ME	Jonatan Carlsson 02:16,88 6/12-2015	Anton Dahlgren 02:17,47 8/11-2014	Jonatan Carlsson 02:07,95 9/12-2017	Isak Ladeborn 02:13,34 9/4-2005
400m ME	Anton Dahlgren 05:01,64 7/12-2013	Anton Dahlgren 04:53,21 9/11-2014	Isak Ladeborn 04:51,87 21/2-2004	Isak Ladeborn 04:51,11 23/4-2005

	18 år	19 år	20 år	VARBERGS-REKORD
50m FR	Pontus Palmqvist 00:23,78 13/12-2009	Jonatan Carlsson 00:22,89 24/5-2020	Pontus Palmqvist 00:23,42 4/12-2011	Jonatan Carlsson 00:22,89 24/5-2020
100m FR	Pontus Palmqvist 00:52,39 31/1-2009	Pontus Palmqvist 00:52,62 13/2-2010	Pontus Palmqvist 00:51,77 15/1-2011	Pontus Palmqvist 00:51,77 15/1-2011
200m FR	Pontus Palmqvist 01:54,03 12/12-2009	Isak Ladeborn 02:02,63 10/2-2007	Isak Ladeborn 02:00,77 11/1-2008	Pontus Palmqvist 01:54,03 12/12-2009
400m FR	Pontus Palmqvist 04:17,43 26/9-2009	Isak Ladeborn 04:18,99 10/2-2007	Pontus Palmqvist 04:21,04 9/9-2011	Magnus Palmqvist 03:59,76 1986
800m FR	Jesper Mattsson 09:32,61 19/4-2009			Magnus Palmqvist 08:30,50 1986
1500m FR	Jesper Mattsson 17:41,59 21/3-2009	Andreas Jalmestam 19:52,61 21/2-2009		Magnus Palmqvist 15:43,40 1987
50m BR	Isak Ladeborn 00:29,35 26/11-2006	Isak Ladeborn 00:28,79 4/2-2007	Isak Ladeborn 00:28,28 30/11-2008	Isak Ladeborn 00:28,28 30/11-2008
100m BR	Isak Ladeborn 01:04,56 23/11-2006	Isak Ladeborn 01:03,24 2/2-2007	Isak Ladeborn 01:02,06 28/11-2008	Isak Ladeborn 01:02,06 28/11-2009
200m BR	Isak Ladeborn 02:18,42 25/11-2006	Isak Ladeborn 02:20,22 24/11-2007	Isak Ladeborn 02:14,90 29/11-2008	Isak Ladeborn 02:14,90 29/11-2008
50m RY	Jonatan Carlsson 00:25,26 17/11-2019	Jonatan Carlsson 00:25,09 24/5-2020	Jonatan Carlsson 00:25,60 29/11-2021	Jonatan Carlsson 00:25,09 24/5-2020
100m RY	Jonatan Carlsson 00:55,52 17/11-2019	Pontus Palmqvist 00:55,97 5/12-2010	Jonatan Carlsson 00:56,25 28/11-2021	Jonatan Carlsson 00:55,52 17/11-2019
200m RY	Jonatan Carlsson 02:00,62 15/11-2019	Isak Ladeborn 02:16,49 10/2-2007	Rasmus Ekelöf 02:25,31 12/1-2015	Jonatan Carlsson 02:00,62 15/11-2019
50m FJ	Jonatan Carlsson 00:24,62 13/11-2019	Jonatan Carlsson 00:24,39 24/5-2020	Jonatan Carlsson 00:24,74 24/11-2021	Jonatan Carlsson 00:24,39 24/5-2020
100m FJ	Pontus Palmqvist 00:53,88 26/11-2009	Pontus Palmqvist 00:54,94 2/12-2010	Pontus Palmqvist 00:54,58 3/2-2011	Pontus Palmqvist 00:53,88 26/11-2009
200m FJ	Pontus palmqvist 02:05,53 13/12-2009	Albin Larsson 02:19,45 15/10-2017	Pontus Palmqvist 02:11,38 15/1-2011	Pontus Palmqvist 02:05,53 13/12-2009
100m ME	Jonatan Carlsson 00:58,43 13/11-2019	Isak Ladeborn 00:58,33 3/2-2007	Isak Ladeborn 00:58,38 28/11-2008	Jonatan Carlsson 00:58,18 14/11-2018
200m ME	Isak Ladeborn 02:10,56 23/11-2006	Isak Ladeborn 02:08,05 14/1-2007	Isak Ladeborn 02:05,42 27/11-2008	Isak Ladeborn 02:05,42 27/11-2008
400m ME	Daniel Andersson 05:10,01 28/1-2017	Isak Ladeborn 05:03,84 11/2-2007	Isak Ladeborn 04:50,78 11/1-2008	Magnus Palmqvist 04:28,87 1987

	ÅLDERSREKORD - FLICKOR (25m)			
	10 år och yngre	11 år	12 år	13 år
50m FR	Hilda Andersson 00:34,37 2/12-2017	Filippa Sjögren 00:31,65 27/5-2017	Filippa Sjögren 00:29,30 25/11-2018	Jenny Palm 00:28,21 14/12-2003
100m FR	Filippa Sjögren 01:18,95 11/9-2016	Hanna Nilsson 01:12,13 4/12-2004	Ebba Johansson 01:04,95 17/12-2021	Filippa Sjögren 01:00,03 7/12-2019
200m FR	Nikki Berggren 02:57,07 4/9-2015	Elin Palmqvist 02:40,46 2/12-2006	Ebba Johansson 02:24,30 28/11-2021	Jenny Palm 02:18,39 4/10-2003
400m FR	Nikki Berggren 06:19,30 10/10-2015	Linnea Dunberg 05:46,76 15/10-2011	Elin Palmqvist 05:10,80 11/11-2007	Matilda Pettersson 04:51,32 13/10-2012
800m FR		Linnea Dunberg 11:53,78 16/10-2011	Matilda Pettersson 10:51,69 16/10-2011	Jenny Palm 09:50,39 25/10-2003
1500m FR			Linnea Dunberg 21:42,42 11/2-2012	Anna-Karin Andersson 19:30,40 25/10-1977
50m BR	Alva Tingstorp 00:45,44 29/11-2015	Linnea Dunberg 00:39,51 4/12-2011	Linnea Dunberg 00:37,40 2/12-2012	Cornelia Almqvist 00:35,19 15/11-2015
100m BR	Josefine Karlsson 01:37,45 15/12-2007	Linnea Dunberg 01:27,20 15/10-2011	Linnea Dunberg 01:21,28 11/11-2012	Cornelia Almqvist 01:13,86 6/12-2015
200m BR	Alva Tingstorp 03:29,69 11/10-2015	Linnea Dunberg 03:09,34 16/10-2011	Ronja Berggren 02:55,42 28/11-2015	Cornelia Almqvist 02:44,01 4/12-2015
50m RY	Filippa Sjögren 00:39,00 26/11-2016	Filippa Sjögren 00:36,72 25/11-2017	Filippa Sjögren 00:33,82 24/11-2018	Filippa Sjögren 00:32,42 20/10-2019
100m RY	Filippa Sjögren 01:31,69 17/9-2016	Filippa Sjögren 01:20,56 2/12-2017	Filippa Sjögren 01:15,40 11/11-2018	Filippa Sjögren 01:09,85 8/12-2019
200m RY	Filippa Sjögren 03:17,97 17/9-2016	Josefine Karlsson 03:00,90 7/12-2008	Filippa Sjögren 02:45,21 25/11-2018	Victoria Karlsson 02:38,12 20/10-2007
50m FJ	Ebba Johansson 00:39,78 7/12-2019	Hanna Nilsson 00:34,18 4/12-2004	Ebba Johansson 00:32.53 17/12-2021	Ellie Geigel 00:31,32 3/12-2016
100m FJ	Filippa Sjögren 01:38,47 18/9-2016	Linnea Dunberg 01:28,46 19/11-2011	Nikki Berggren 01:15,47 11/11-2017	Nikki Berggren 01:10,70 10/11-2018
200m FJ	Ulrika Andersson 03:52,50 1976	Ronja Berggren 03:21,92 30/11-2014	Nikki Berggren 02:50,72 26/11-2017	Ellie Geigel 02:40,76 22/10-2016
100m ME	Filippa Sjögren 01:25,57 11/9-2016	Filippa Sjögren 01:21,02 2/12-2017	Filippa Sjögren 01:15,03 23/11-2018	Filippa Sjögren 01:12,46 24/3-2019
200m ME	Nikki Berggren 03:21,06 20/9-2015	Filippa Sjögren 03:00,31 25/3-2017	Ebba Johansson 02:41.55 16/10-2021	Ronja Berggren 02:35,59 12/11-2016
400m ME	Ulrika Andersson 08:22,30 1976	Nikki Berggren 06:25,93 22/10-2016	Ebba Johansson 05:53.99 18/11-2021	Anna-Karin Andersson 05:30,40 16/10-1977

	14 år	15 år	16 år	17 år
50m FR	Jenny Palm 00:27,81	Filippa Sjögren 00:26,76	Nike Kruners 00:26,95	Sara Westholm 00:26,77
	21/2-2004	29/11-2021	22/11-2012	16/11-2018
100m FR	Jenny Palm 01:00,92	Filippa Sjögren 00:57,75	Linnéa Englund 00:57,43	Nike Kruners 00:58,75
	24/1-2004	12/12-2021	8/12-2019	21/9-2013
200m FR	Jenny Palm 02:13,00	Jenny Palm 02:12,18	Linnéa Englund 02:05,57	Nike Kruners 02:06,64
	25/11-2004	4/6-2005	7/12-2019	21/11-2013
400m FR	Jenny Palm 04:39,65	Jenny Palm 04:42,09	Nike Kruners 04:37,74	Anna-Karin Andersson 04:36,70
	2/10-2004	6/4-2005	29/1-2012	25/1-1981
800m FR	Jenny Palm 09:31,06	Jenny Palm 09:39,81	Nike Kruners 09:38,85	Ida Laurén 10:00,19
	19/3-2004	18/3-2005	14/10-2012	16/10-2011
1500m FR	Thea Carlsson 19:31,94	Matilda Pettersson 18:31,24	Thea Carlsson 19:07,56	Anette Möller 16:50,02
	31/1-2016	5/12-2014	10/11-2018	1986
50m BR	Linnea Dunberg 00:34,96	Cornelia Almqvist 00:34,06	Linnéa Englund 00:32,27	Tilda Hilbert 00:33,87
	5/5-2014	5/2-2017	17/11-2019	17/12-2021
100m BR	Linnea Dunberg 01:14,64	Cornelia Almqvist 01:13,27	Linnéa Englund 01:09,60	Anna-Karin Andersson 01:13,16
	25/10-2014	10/12-2017	14/11-2019	29/11-1981
200m BR	Cornelia Almqvist 02:41,73	Cornelia Almqvist 02:39,91	Linnéa Englund 02:31,99	Anna-Karin Andersson 02:39,60
	13/11-2016	14/10-2017	7/12-2019	27/11-1981
50m RY	Hanna Nilsson 00:33,25	Filippa Sjögren 00:30,88	Nike Kruners 00:30,57	Nike Kruners 00:30,54
	25/3-2007	28/11-2021	1/12-2012	24/11-2013
100m RY	Emma Johansson 01:12,07	Filippa Sjögren 01:06,03	Nike Kruners 01:04,31	Nike Kruners 01:04,88
	10/11-2019	11/12-2021	8/12-2012	24/3-2013
200m RY	Ronja Berggren 02:35,61	Nike Kruners 02:24,42	Nike Kruners 02:21,19	Nike Kruners 02:20,64
	26/11-2017	18/12-2011	9/12-2012	23/11-2013
50m FJ	Linnea Dunberg 00:30,90	Filippa Sjögren 00:29,33	Linnéa Englund 00:29,15	Nike Kruners 00:28,95
	25/10-2014	28/11-2021	6/9-2019	21/11-2013
100m FJ	Nikki Berggren 01:08,77	Nike Kruners 01:06,04	Anna-Karin Andersson 01:04,50	Nike Kruners 01:04,36
	9/11-2019	18/12-2011	26/10-1980	28/4-2013
200m FJ	Ellie Geigel 02:36,70	Nike Kruners 02:33,73	Anna-Karin Andersson 02:25,40	Anna-Karin Andersson 02:23,60
	28/1-2017	2/10-2011	28/11-1980	17/10-1981
100m ME	Linnea Dunberg 01:11,35	Filippa Sjögren 01:06,62	Linnéa Englund 01:05,83	Sara Westholm 01:06,96
	23/3-2014	26/11-2021	19/10-2019	23/11-2018
200m ME	Anna-Karin Andersson 02:31,30	Anna-Karin Andersson 02:26,10	Anna-Karin Andersson 02:19,74	Anna-Karin Andersson 02:21,57
	10/9-1978	1/12-1979	29/11-1980	7/2-1981
400m ME	Anna-Karin Andersson 05:17,00	Anna-Karin Andersson 05:08,17	Anna-Karin Andersson 05:05,40	Anna-Karin Andersson 05:00,64
	20/5-1978	29/4-1979	30/11-1980	18/1-1981

	18 år	19 år	20 år	VARBERGS-REKORD
50m FR	Nike Kruners 00:26,60	Anna-Karin Andersson 00:27,37	Anna-Karin Andersson 00:27,34	Nike Kruners 00:26,60
	22/3-2014	5/3-1983	3/3-1984	22/3-2014
100m FR	Nike Kruners 00:58,25	Mathilda Gärdesmed 00:59,75	Mathilda Gärdesmed 01:01,33	Linnéa Englund 00:57,43
	1/6-2014	22/11-2013	1/6-2014	8/12-2019
200m FR	Anette Möller 02:02,91	Anna-Karin Andersson 02:09,70	Anna-Karin Andersson 02:08,69	Anette Möller 02:02,91
	1987	16/10-1983	15/3-1984	1987
400m FR	Anette Möller 04:14,51	Anna-Karin Andersson 04:37,40	Elin Kvarnemar 04:56,25	Anette Möller 04:14,51
	1987	19/3-1983	12/1-2015	1987
800m FR	Anette Möller 08:37,98			Anette Möller 08:37,98
	1987			1987
1500m FR	Matilda Bengtsson 19:40,29	Anna-Karin Andersson 17:57,00		Anette Möller 16:50,02
	15/3-2020	18/3-1983		1986
50m BR	Cornelia Almqvist 00:33,89	Sara Westholm 00:35,05	Emma Wallberg 00:43,30	Linnéa Englund 00:32,27
	24/5-2020	10/10-2020	2/4-2011	17/11-2019
100m BR	Stella Warborn 01:12.74	Anna-Karin Andersson 01:14,22	Anna-Karin Andersson 01:16,28	Linnéa Englund 01:09,60
	24/11-2021	6/3-1983	4/3-1984	14/11-2019
200m BR	Stella Warborn 02:37.56	Cornelia Almqvist 02:41,79	Anna-Karin Andersson 02:42,XX	Linnéa Englund 02:31,99
	29/11-2021	20/2-2021	1984	7/12-2019
50m RY	Nike Kruners 00:30,70	Elin Kvarnemar 00:32,24		Nike Kruners 00:30,54
	22/3-2014	29/11-2014		24/11-2013
100m RY	Nike Kruners 01:05,16	Anna-Karin Andersson 01:08,62	Anna-Karin Andersson 01:09,80	Nike Kruners 01:04,31
	31/5-2014	5/3-1983	3/3-1984	8/12-2012
200m RY	Nike Kruners 02:23,71	Elin Kvarnemar 02:28,06	Elin Kvarnemar 02:29,04	Linda Klingén 02:19,84
	1/6-2014	30/11-2014	12/1-2015	?
50m FJ	Anna-Karin Andersson 00:29,30	Mathilda Gärdesmed 00:28,54	Mathilda Gärdesmed 00:29,15	Mathilda Gärdesmed 00:28,54
	17/12-1982	21/11-2013	31/5-2014	21/11-2013
100m FJ	Anna-Karin Andersson 01:01,99	Anna-Karin Andersson 01:02,63	Anna-Karin Andersson 01:02,14	Anna-Karin Andersson 01:01,99
	17/12-1982	5/2-1983	31/3-1984	xx/12-1982
200m FJ	Anna-Karin Andersson 02:18,03	Anna-Karin Andersson 02:17,40	Anna-Karin Andersson 02:16,11	Anna-Karin Andersson 02:16,11
	27/11-1982	8/4-1983	30/3-1984	30/3-1984
100m ME	Cornelia Almqvist 01:07,36	Sara Westholm 01:09,60	Mathilda Gärdesmed 01:08,87	Linnéa Englund 01:05,83
	24/5-2020	17/10-2020	30/5-2014	19/10-2019
200m ME	Anna-Karin Andersson 02:19,71	Anna-Karin Andersson 02:21,30	Anna-Karin Andersson 02:21,19	Anna-Karin Andersson 02:19,72
	28/11-1982	6/3-1983	4/3-1984	28/11-1982
400m ME	Anette Möller 05:00,00	Anna-Karin Andersson 05:17,30		Anette Möller 05:00,00
	1987	10/4-1983		1987

	ÅLDERSREKORD - POJKAR (50m)			
	10 år och yngre	11 år	12 år	13 år
50m FR	Axel Lambertsson 00:35,37 8/7-2018	Arvid Kvorning 00:32,53 1/7-2016	Arvid Kvorning 00:30,62 2/7-2017	Teo Mravac 00:27,91 2/7-2017
100m FR	Malte Almqvist 01:22,12 27/6-2014	Arvid Kvorning 01:10,75 9/7-2016	Arvid Kvorning 01:06,11 28/4-2017	Teo Mravac 01:02,18 12/7-2017
200m FR	Axel Lambertsson 03:02,46 6/7-2018	Arvid Kvorning 02:37,92 1/7-2016	Arvid Kvorning 02:27,80 30/6-2017	Teo Mravac 02:17,66 30/6-2017
400m FR	Kailan Jiminez 07:06,25 26/6-2015	Arvid Kvorning 05:31,09 9/7-2016	Noa Carlenius 05:28,11 27/6-2014	Anton Dahlgren 05:05,07 21/4-2012
800m FR		Axel Lambertsson 13:45,71 7/9-2019	Valdemar Alström 12:15,72 7/9-2019	Måns Bengtsson 10:42,12 7/9-2019
1500m FR				Sammi Nielsen 23:40,97 1/7-2016
50m BR	Isak Kvorning 00:48,28 7/7-2018	Malte Almqvist 00:42,48 23/5-2015	Erik Josefsson 00:39,25 26/5-2012	Erik Josefsson 00:37,08 8/6-2013
100m BR	Isak Kvorning 01:45,08 7/7-2018	Teo Mravac 01:35,66 24/5-2015	Teo Mravac 01:28,18 29/5-2016	Malte Almqvist 01:21,31 12/7-2017
200m BR	Isak Kvorning 03:44,53 8/7-2018	Malte Almqvist 03:21,06 26/6-2015	Teo Mravac 03:10,85 1/7-2016	Anton Dahlgren 02:53,80 1/7-2012
50m RY	Malte Almqvist 00:42,95 27/6-2014	Arvid Kvorning 00:38,64 1/7-2016	Arvid Kvorning 00:35,82 1/7-2017	Jonatan Carlsson 00:33,53 27/6-2014
100m RY	Arvid Kvorning 01:33,79 26/6-2015	Arvid Kvorning 01:23,46 28/5-2016	Arvid Kvorning 01:18,22 28/4-2017	Jonatan Carlsson 01:12,47 27/6-2014
200m RY	Arvid Kvorning 03:33,59 26/6-2015	Arvid Kvorning 03:02,62 29/5-2016	Arvid Kvorning 02:51,42 2/7-2017	Hugo Svensson 02:41,28 22/12-2021
50m FJ	Malte Almqvist 00:42,01 27/6-2014	Arvid Kvorning 00:33,57 8/7-2016	Arvid Kvorning 00:31,84 1/7-2017	Arvid Kvorning 00:30,25 20/5-2018
100m FJ	Arvid Kvorning 01:38,88 26/6-2015	Arvid Kvorning 01:17,98 29/5-2016	Arvid Kvorning 01:11,09 11/6-2017	Arvid Kvorning 01:10,40 20/5-2018
200m FJ		Arvid Kvorning 03:11,95 12/6-2016	Malte Almqvist 02:58,51 12/6-2016	Malte Almqvist 02:48,26 1/7-2017
200m ME	Arvid Kvorning 03:28,14 26/6-2015	Arvid Kvorning 02:58,92 10/7-2016	Malte Almqvist 02:51,43 10/6-2016	Anton Dahlgren 02:37,97 29/6-2012
400m ME	Kailan Jiminez 08:07,98 26/6-2015		Malte Almqvist 06:08,91 10/6-2016	Måns Bengtsson 06:01,19 13/4-2019

	14 år	15 år	16 år	17 år
50m FR	Teo Mravac 00:27,03	Jonatan Carlsson 00:26,08	Jonatan Carlsson 00:24,55	Jonatan Carlsson 00:24,89
	20/5-2018	29/5-2016	3/7-2017	8/4-2018
100m FR	Kailan Jimenez 00:58,80	Pontus Palmqvist 00:56,36	Jonatan Carlsson 00:53,83	Jonatan Carlsson 00:54,35
	12/7-2019	14/5-2006	14/7-2017	29/6-2018
200m FR	Jonas Jonson 02:13,47	Jonas Jonson 02:06,35	Jonas Jonson 02:04,28	Jonas Jonson 02:03,92
	1/7-2005	16/12-2006	15/4-2007	15/6-2008
400m FR	Pontus Palmqvist 04:46,92	Jonas Jonson 04:37,64	Alfred Larsson 04:38,76	Pontus Palmqvist 04:24,23
	1/7-2005	16/12-2006	13/7-2010	12/4-2008
800m FR	Arvid Kvorning 10:05,89	Teo Mravac 09:55,53	Johan Kärrstrand 10:48,60	Joakim Bresche 10:10,01
	9/3-2019	7/9-2019	28/6-2003	12/6-2011
1500m FR	Joakim Bresche 21:34,28	Alfred Larsson 19:31,89	Pontus Palmqvist 17:56,14	Martin Andersson 16:56,50
	4/7-2008	26/6-2009	20/5-2007	1987
50m BR	Anton Dahlgren 00:34,42	Isak Ladeborn 00:32,38	Filip Ladeborn 00:32,91	Isak Ladeborn 00:30,55
	25/5-2013	9/6-2003	15/6-2008	29/6-2005
100m BR	Isak Ladeborn 01:15,08	Isak Ladeborn 01:09,50	Isak Ladeborn 01:10,80	Isak Ladeborn 01:07,79
	27/6-2002	3/7-2003	8/7-2004	29/6-2005
200m BR	Anton Dahlgren 02:44,25	Isak Ladeborn 02:33,63	Filip Ladeborn 02:31,84	Isak Ladeborn 02:28,62
	25/5-2013	3/7-2003	11/7-2008	29/6-2005
50m RY	Jonatan Carlsson 00:31,47	Jonatan Carlsson 00:30,11	Jonatan Carlsson 00:28,73	Jonatan Carlsson 00:28,21
	6/6-2015	31/3-2016	2/7-2017	6/4-2018
100m RY	Jonatan Carlsson 01:07,30	Jonatan Carlsson 01:02,52	Jonatan Carlsson 01:02,01	Jonatan Carlsson 01:00,73
	16/5-2015	3/7-2016	16/7-2017	1/7-2018
200m RY	Jonatan Carlsson 02:29,67	Pontus Palmqvist 02:21,24	Pontus Palmqvist 02:24,14	Jonatan Carlsson 02:12,58
	16/5-2015	16/12-2006	18/5-2007	30/6-2018
50m FJ	Jonatan Carlsson 00:28,73	Jonatan Carlsson 00:26,39	Arvid Kvorning 00:25,78	Pontus Palmqvist 00:25,55
	17/5-2015	30/6-2016	17/7-2021	2/5-2008
100m FJ	Arvid Kvorning 01:03,66	Pontus Palmqvist 00:59,81	Pontus Palmqvist 00:58,08	Pontus Palmqvist 00:57,13
	13/7-2019	15/7-2006	11/6-2017	3/5-2008
200m FJ	Jonas Jonson 02:34,13	Noa Carlenius 02:24,42	Pontus Palmqvist 02:14,22	Pontus Palmqvist 02:15,91
	7/7-2005	13/7-2017	11/6-2007	12/4-2008
200m ME	Malte Almqvist 02:27,97	Malte Almqvist 02:23,54	Arvid Kvorning 02:20,76	Jonatan Carlsson 02:13,86
	6/7-2018	12/7-2019	9/7-2021	29/6-2018
400m ME	Anton Dahlgren 05:18,79	Anton Dahlgren 05:05,72	Isak Ladeborn 05:06,31	Hjalmar Löfvenborg 05:19,61
	7/4-2013	29/6-2014	2/7-2004	1/7-2016

	18 år	19 år	20 år	VARBERGS-REKORD
50m FR	Jonatan Carlsson 00:25,04 15/4-2019	Jonatan Carlsson 00:24,63 22/2-2020	Jonatan Carlsson 00:24,45 11/4-2021	Jonatan Carlsson 00:24,45 11/4-2021
100m FR	Pontus Palmqvist 00:53,91 3/7-2009	Pontus P/Jonas J 00:55,99 10/4-2010 & 14/7-2010	Pontus Palmqvist 00:53,54 3/7-2011	Pontus Palmqvist 00:53,54 3/7-2011
200m FR	Isak Ladeborn 02:05,03 26/5-2006	Axel Gårdström 02:09,65 10/4-2010 & 14/7-2010	Jakob Sundén 02:19,43 15/5-2015	Magnus Palmqvist ?
400m FR	Martin Andersson 04:07,10 1988	Pontus Palmqvist 04:29,32 10/4-2010 & 14/7-2010		Magnus Palmqvist ?
800m FR	Jonatan Carlsson 10:01,89 7/9-2019			Magnus Palmqvist ?
1500m FR	Martin Andersson 16:21,00 1988	Niklas Eriksson 19:14,71 30/6-2006		Magnus Palmqvist ?
50m BR	Isak Ladeborn 00:29,64 8/7-2006	Isak Ladeborn 00:30,11 9/6-2007	Isak Ladeborn 00:29,40 9/2-2008	Isak Ladeborn 00:29,40 9/2-2008
100m BR	Isak Ladeborn 01:06,98 26/5-2006	Isak Ladeborn 01:05,60 14/6-2007	Isak Ladeborn 01:05,51 10/2-2008	Isak Ladeborn 01:05,51 10/2-2008
200m BR	Isak Ladeborn 02:32,51 10/2-2006	Isak Ladeborn 02:25,77 27/7-2007	Isak Ladeborn 02:26,69 3/5-2008	Isak Ladeborn 02:25,16 20/3-2009
50m RY	Jonatan Carlsson 00:27,53 13/4-2019	Jonatan Carlsson 00:27,64 23/2-2020	Pontus Palmqvist 00:27,21 30/6-2011	Pontus Palmqvist 00:27,21 30/6-2011
100m RY	Jonatan Carlsson 00:59,55 14/4-2019	Jonatan Carlsson 00:59,21 10/6-2020	Pontus Palmqvist 00:58,20 1/7-2011	Pontus Palmqvist 00:58,20 1/7-2011
200m RY	Jonatan Carlsson 02:11,28 1/7-2019	Jonatan Carlsson 02:14,06 19/1-2020	Pontus Palmqvist 02:16,70 29/5-2011	Jonatan Carlsson 02:11,28 1/7-2019
50m FJ	Pontus Palmqvist 00:25,21 25/4-2009	Pontus Palmqvist 00:25,86 18/7-2010	Pontus Palmqvist 00:24,78 3/7-2011	Pontus Palmqvist 00:24,78 3/7-2011
100m FJ	Pontus Palmqvist 00:55,73 5/7-2009	Pontus Palmqvist 00:57,49 16/7-2010	Pontus Palmqvist 00:55,61 1/7-2011	Pontus Palmqvist 00:55,61 1/7-2011
200m FJ	Pontus Palmqvist 02:13,94 30/5-2009	Pontus Palmqvist 02:14,56 29/5-2010	Gustav Andersson 02:46,24 3/5-2014	Pontus Palmqvist 02:13,94 30/5-2009
200m ME	Isak Ladeborn 02:14,96 6/5-2006	Isak Ladeborn 02:13,58 27/7-2007	Isak Ladeborn 02:12,10 4/5-2008	?
400m ME	Daniel Andersson 05:21,18 27/5-2017	Isak Ladeborn 04:54,99 20/5-2007		Magnus Palmqvist ?

	ÅLDERSREKORD - FLICKOR (50m)			
	10 år och yngre	11 år	12 år	13 år
50m FR	Filippa Sjögren 00:35,98 29/5-2016	Filippa Sjögren 00:32,19 2/7-2017	Ebba Johansson 00:29,81 22/12-2021	Filippa Sjögren 00:29,34 30/6-2019
100m FR	Ronja Berggren 01:25,56 28/6-2013	Filippa Sjögren 01:17,00 1/7-2017	Ebba Johansson 01:07,87 15/6-2021	Jenny Palm 01:05,35 3/7-2003
200m FR	Filippa Sjögren 03:14,67 1/7-2016	Linnea D/ Nikki B 02:52,50 16/4-2011 & 10/6-2016	Ebba Johansson 02:25,80 4/9-2021	Jenny Palm 02:24,24 28/6-2003
400m FR	Astrid Hörbäck 07:03,02 29/6-2007	Nikki Berggren 05:54,31 9/7-2016	Matilda Pettersson 05:27,93 8/7-2011	Jenny Palm 04:54,71 28/6-2003
800m FR		Victoria Karlsson 13:45,79 1/7-2005	Matilda Pettersson 11:25,24 10/7-2011	Jenny Palm 10:26,97 28/6-2003
1500m FR				Matilda Pettersson 20:07,43 9/6-2012
50m BR	Josefine Karlsson 00:45,59 15/12-2007	Linnea Dunberg 00:41,18 9/7-2011	Linnea Dunberg 00:39,73 26/5-2012	Cornelia Almqvist 00:37,09 23/5-2015
100m BR	Josefine Karlsson 01:41,90 15/12-2007	Linnea Dunberg 01:30,79 10/7-2011	Linnea Dunberg 01:26,80 29/6-2012	Linnea Dunberg 01:18,62 28/6-2013
200m BR	Ronja Berggren 03:42,37 6/4-2013	Linnea Dunberg 03:13,14 9/7-2011	Linnea Dunberg 03:04,09 1/7-2012	Linnea Dunberg 02:52,26 30/6-2013
50m RY	Astrid Hörbäck 00:43,36 1/7-2007	Filippa Sjögren 00:40,14 1/7-2017	Filippa Sjögren 00:36,62 8/7-2018	Filippa Sjögren 00:34,10 2/3-2019
100m RY	Linnea Dunberg 01:38,57 11/7-2010	Ida Henriksson 01:26,91 15/12-2007	Filippa Sjögren 01:20,81 7/4-2018	Filippa Sjögren 01:15,73 28/6-2019
200m RY	Nikki Berggren 03:31,25 26/6-2015	Josefine Karlsson 03:07,40 1/6-2008	Filippa Sjögren 02:53,75 8/7-2018	Filippa Sjögren 02:47,34 30/6-2019
50m FJ	Stella Geigel 00:43,00 1/7-2017	Filippa Sjögren 00:38,57 1/7-2017	Ebba Johansson 00:34,52 15/6-2021	Ellie Geigel 00:33,01 8/7-2016
100m FJ	Nikki Berggren 01:46,34 26/6-2015	Nikki Berggren 01:29,18 9/7-2016	Ebba Johansson 01:16,79 5/9-2021	Ellie Geigel 01:11,84 11/6-2016
200m FJ			Linnea Dunberg 03:04,58 6/7-2012	Ellie Geigel 02:46,91 28/5-2016
200m ME	Ronja Berggren 03:28,36 28/6-2013	Linnea Dunberg 03:07,02 19/6-2011	Ebba Johansson 02:46,03 5/9-2021	Anna-Karin Andersson 02:43,80 1977
400m ME		Hanna Nilsson 07:10,47 5/6-2004	Linnea Dunberg 06:11,81 26/5-2012	Anna-Karin Andersson 05:47,50 1977

	14 år	15 år	16 år	17 år
50m FR	Jenny Palm 00:29,42 17/4-2004	Filippa Sjögren 00:28,41 4/9-2021	Sara Westholm 00:27,56 2/7-2017	Sara Westholm 00:26,95 4/7-2018
100m FR	Jenny Palm 01:04,34 17/4-2004	Elin Kvarnemar 01:02,46 29/5-2010	Linnéa Englund 00:59,14 11/-2019	Nike Kruners 01:00,03 26/5-2013
200m FR	Jenny Palm 02:13,93 2/7-2004	Jenny Palm 02:15,67 1/7-2005	Linnéa Englund 02:10,33 14/7-2019	Nike Kruners 02:09,36 5/7-2013
400m FR	Jenny Palm 04:50,26 18/6-2004	Elin Kvarnemar 04:51,54 3/7-2010	Nike Kruners 04:45,13 21/7-2012	Thea Carlsson 04:54,85 30/6-2019
800m FR	Jenny Palm 09:53,88 2/7-2004	Jenny Palm 09:58,93 1/7-2005	Jenny Palm 10:06,85 13/7-2006	Jenny Palm 10:12,22 29/6-2007
1500m FR	Matilda Pettersson 19:41,57 27/6-2013	Clara Balslev 20:32,34 11/6-2016	Tilda Conradsson 23:05,31 6/6-2015	Anette Möller 16:57,23 26/4-1986
50m BR	Cornelia Almqvist 00:35,18 10/7-2016	Cornelia Almqvist 00:34,59 27/5-2017	Linnéa Englund 00:33,84 29/6-2019	Sara Westholm 00:35,00 6/4-2018
100m BR	Linnea Dunberg 01:16,47 27/6-2014	Cornelia Almqvist 01:14,01 14/7-2017	Linnéa Englund 01:12,80 12/7-2019	Cornelia Almqvist 01:14,67 12/7-2019
200m BR	Stella Warborn 02:49,46 15/7-2017	Cornelia Almqvist 02:41,37 15/7-2017	Linnéa Englund 02:44,18 28/6-2019	Cornelia Almqvist 02:43,57 12/7-2019
50m RY	Filippa Sjögren 00:34,05 23/2-2020	Filippa Sjögren 00:32,77 11/7-2021	Nike Kruners 00:32,49 9/6-2012	Nike Kruners 00:32,05 20/4-2013
100m RY	Victoria Karlsson 01:16,14 29/6-2008	Jennie Johansson 01:11,97 16/7-2000	Nike Kruners 01:08,44 21/7-2012	Nike Kruners 01:09,14 30/6-2013
200m RY	Victoria Karlsson 02:43,18 27/6-2008	Jennie Johansson 02:34,91 16/7-2000	Nike Kruners 02:31,16 29/6-2012	Nike Kruners 02:26,86 19/5-2013
50m FJ	Linnea Dunberg 00:31,91 24/5-2014	Nike Kruners 00:30,07 9/7-2011	Nike Kruners 00:29,62 28/6-2012	Nike Kruners 00:28,94 19/5-2013
100m FJ	Anna-Karin Andersson 01:11,00 1978	Nike Kruners 01:08,07 10/7-2011	Nike Kruners 01:07,31 20/7-2012	Nike Kruners 01:05,25 8/6-2013
200m FJ	Linnea Dunberg 02:44,52 24/5-2014	Anna-Karin Andersson 02:36,50 1979	Nike Kruners 02:35,41 6/7-2012	Nike Kruners 02:31,33 25/5-2013
200m ME	Anna-Karin Andersson 02:37,00 1978	Anna-Karin Andersson 02:28,34 29/7-1979	Anna-Karin Andersson 02:27,19 6/4-1980	Anna-Karin Andersson 02:25,70 x/7-1981
400m ME	Anna-Karin Andersson 05:25,70 x/5-1978	Anna-Karin Andersson 05:16,00 27/7-1979	Anna-Karin Andersson 05:11,92 25/7-1980	Anna-Karin Andersson 05:13,14 30/5-1981

	18 år	19 år	20 år	VARBERGS-REKORD
50m FR	Sara Westholm 00:27,46 14/4-2019	Anna-Karin Andersson 00:27,74 27/7-1983	Matilda Gärdesmed 00:28,73 26/4-2014	Sara Westholm 00:26,95 4/7-2018
100m FR	Nike Kruners 00:59,68 27/4-2014	Anna-Karin Andersson 01:02,25 5/6-1983	Matilda Gärdesmed 01:03,07 13/4-2014	Linnéa Englund 00:59,14 11/7-2019
200m FR	Anette Möller 02:04,42 1987	Linnea Kobel 02:25,34 15/5-2015		Anette Möller 02:04,42 1987
400m FR	Anette Möller 04:19,78 1987	Anna-Karin 04:39,38 4/6-1983		Anette Möller 04:19,78 1987
800m FR	Anette Möller 08:51,98 1987			Anette Möller 08:51,98 1987
1500m FR	Matilda Bengtsson 21:13,21 8/3-2020			Anette Möller 16:57,22 26/4-1986
50m BR	Stella Warborn 00:35,19 22/12-2021	Cornelia Almqvist 00:35,06 30/6-2021	Matilda Gärdesmed 00:39,60 13/4-2014	Linnéa Englund 00:33,84 29/6-2019
100m BR	Stella Warborn 01:15,72 17/7-2021	Cornelia Almqvist 01:16,54 3/7-2021		Linnéa Englund 01:12,80 12/7-2019
200m BR	Stella Warborn 02:39,14 11/7-2021	Cornelia Almqvist 02:51,64 22/5-2021		Stella Warborn 02:39,14 11/7-2021
50m RY	Nike Kruners 00:32,83 7/6-2014	Thea Carlsson 00:36,29 11/7-2021	Matilda Gärdesem 00:36,26 13/4-2014	Nike Kruners 00:32,05 20/4-2013
100m RY	Nike Kruners 01:09,11 24/5-2014	Thea Carlsson 01:15,34 9/7-2021	Matilda Gärdesmed 01:19,26 12/4-2014	Nike Kruners 01:08,44 21/7-2012
200m RY	Nike Kruners 02:29,08 8/3-2014			Nike Kruners 02:26,86 19/5-2013
50m FJ	Nike Kruners 00:29,42 12/4-2014	Anna-Karin Andersson 00:29,20 30/7-1983	Mathilda Gärdesmed 00:29,81 12/4-2014	Nike Kruners 00:28,94 19/5-2013
100m FJ	Anna-Karin Andersson 01:04,14 17/7-1982	Anna-Karin Andersson 01:02,85 17/7-1983	Anna-Karin Andersson 01:03,41 17/6-1984	Anna-Karin Andersson 01:02,85 17/7-1983
200m FJ	Anna-Karin Andersson 02:23,80 18/6-1982	Anna-Karin Andersson 02:18,58 29/7--1983	Anna-Karin Andersson 02:17,80 1984	Anna-Karin Andersson 02:17,80 1984
200m ME	Anna-Karin Andersson 02:23,23 17/2-1982	Anna-Karin Andersson 02:26,88 1983	Anna-Karin Andersson 02:34,00 1984	Anna-Karin Andersson 02:23,23 17/2-1982
400m ME	Anna-Karin Andersson 05:10,90 18/7-1982	Anna-Karin Andersson 05:16,80 28/5-1983		Anna-Karin Andersson 05:10,90 18/7-1982